



Kingsley Junior Football Club (inc)

SAFETY POLICY

The safety of all players and spectators is our primary concern.

We will actively seek to promote, encourage and support Sport Safe strategies for all training and competition sessions at all levels.

Where possible the Kingsley Junior Football Club will:

- Allocate resources for developing, promoting and implementing sport safety initiatives (eg. replacement of club safety equipment, injury prevention/first aid training for club personnel).
- Appoint a risk and safety coordinator position on the committee.
- Ensure that safety is a regular agenda item at our club committee meetings
- Ensure that there is adequate public liability and player insurance.
- Adopt Sports Medicine Australia's and the Australian Football League's policies and guidelines on:
 - Blood/ infectious diseases
 - Children in sport
 - Dehydration/fluid replacement
 - Hot weather
 - Administering medications
 - Concussion
- Encourage coaches, referees/umpires, officials and parents to be sport safety role models and to be aware of their roles and responsibilities.
- Advise players (and parents) about the Safety Policy and encourage them to comply with it.
- Ensure players communicate relevant known medical issues at registration, and that injury records are maintained throughout the season.
- Ensure players/members participate in planned pre-season training programs prior to the commencement of the competition season.
- Promote safety strategies through the website, posters and newsletters.
- Ensure that an "Emergency Medical Action Plan" is available and communicated.
- Ensure trained first aiders are present at all games and training sessions.



Kingsley Junior Football Club (inc)

- Actively promote and encourage the use of protective equipment including mouthguards and body padding (where applicable).
- Encourage players and supporters to wear suitable clothing and footwear at all times.
- Include warm up, stretching and cool down activities for all training and competition matches.
- Maintain playing surface areas and check before any training or competition for obstructions or potential dangers.
- Ensure all sporting equipment is well maintained and in good working order.
- Advise players to replace fluids before, during and after training and competition sessions, and to have their own water bottle.
- Encourage any player who has an illness or serious injury to seek a medical clearance before returning to training and competition.
- Review this policy annually.

This policy was endorsed by the Committee of the Kingsley Junior Football Club on April 9th, 2013.